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How representative are data from global trials on programmed death-1 blockade in melanoma?

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Immune checkpoint inhibition blocking PD-1 (programmed cell death receptor-1) is an efficient and tolerable systemic therapy in advanced melanoma.^{1–4} However, it is becoming clearer and clearer that the risks and benefits of therapy are impacted by both external factors such as diet and inborn properties like human leucocyte antigen type.^{5,6}

In this issue of the *BJD*, an international group of investigators now adds ethnicity to the list. Bai et al.⁷ investigated the relationship between ethnicity, melanoma subtypes and clinical outcome after PD-1 immune checkpoint inhibition. The authors report data from 1135 patients with melanoma undergoing anti-PD-1 monotherapy from five independent melanoma centres in Australia, China and the USA. The cohort was then stratified by ethnicity into white ($n = 814$) and East Asian, Hispanic or African (hereafter referred to as EA/H/A) ($n = 321$). Of note, the vast majority (93%) of patients in the EA/H/A group were from East Asia. In addition, melanoma subtypes were grouped into nonacral cutaneous (NAC)/unknown primary (UP) [ultraviolet (UV) related, $n = 849$] and acral/mucosal/uveal (not UV related, $n = 286$). As expected,⁸ white patients presented mostly NAC/UP melanomas ($n = 710$), whereas > 50% of the EA/H/A patients had non-UV-related melanomas ($n = 182$).

Within the total cohort, the overall response rate (ORR) for white patients was significantly higher than for EA/H/A patients: 49% [95% confidence interval (CI) 46–53] vs. 17% (95% CI 13–22). In a subgroup analysis according to melanoma subtype, white patients with NAC/UP melanomas also showed a superior ORR of 54% (95% CI 50–57) compared with 20% (95% CI 13–28) for EA/H/A patients. No significant differences could be detected for the ORR when comparing the non-UV-associated subtypes. Moreover, Bai et al. performed a multivariate analysis of the response rates of

NAC/UP melanomas, the involved primary anatomical site and ethnicity. Here, the ORR remained higher in white patients than EA/H/A patients with NAC/UP. However, the disbalanced numbers of UV-related melanomas between groups must be considered.

Bai et al. also analysed the frequency of immune-related adverse events (irAEs) grouped by ethnicity. The overall incidence rate of irAEs was similar between the two groups but differences could be detected in the involved organs systems. While white patients more frequently had gastrointestinal or respiratory irAEs, EA/H/A patients showed a higher incidence of endocrine irAEs.

In conclusion, this retrospective international observational study demonstrates a possible impact of ethnicity on the efficacy and safety of PD-1 blockade. Although it is based mainly on the comparison of East Asian and white patients with advanced melanoma, the study clearly indicates that the worldwide usage of immune checkpoint inhibition warrants careful interpretation of trial data with regards to ethnicity-dependent differences in safety and efficacy.

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International surveillance of trends in melanoma survival: the impact of morphology

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Melanoma is a growing problem worldwide,¹ but it is a malignancy that shows striking differences in incidence, mortality and survival rates across populations.^{2,3} This marked international variability supports the important role of cancer prevention (primary, secondary and tertiary) as a means to reduce future burden. Population-based cancer survival is a key metric used to evaluate the overall effectiveness of melanoma control programmes. In this issue of the *BJD*, Di Carlo and colleagues from the CONCORD Working Group⁴ report the findings of the largest analysis to date of melanoma survival (2000–2014), including data from 284 cancer registries across 59 countries from Africa (4) Central and South America (9), North America (2), Asia (13), Europe (29) and Oceania (2), specifically evaluating the prognostic role of morphology. Their findings provide a global perspective on melanoma survival and highlight several important disparities.

The distribution of melanoma morphology varies by continent and country. Nodular and acral lentiginous melanomas are most common in populations with predominantly dark skin; superficial spreading melanomas are most common in populations with predominantly fair skin. Di Carlo et al.⁴ reported the lowest 5-year net survival for the nodular and acral lentiginous subtypes, contributing to lower overall survival in Asia and in Central and South America where these subtypes are over-represented. As differences in survival between populations may be because of differences in stage of disease at diagnosis, Di Carlo et al. performed subgroup analyses using data from registries with complete information on stage and morphology; the lower survival for nodular and acral lentiginous melanoma persisted after adjustment for sex, age and stage of disease at diagnosis. Survival from superficial spreading melanoma was lower in Asia and eastern Europe compared with other regions. The proportion of melanomas of the superficial spreading subtype generally increased over time; however, survival from superficial spreading melanoma improved. The latter observation likely reflects a shift towards the diagnosis of thinner lesions as a result of heightened early detection activities.⁵

Long-term surveillance of global trends in melanoma incidence and mortality rates form the basis of estimates of the cancer burden used to establish priorities for melanoma

control programmes. High-quality data from cancer registries is seen as the gold standard for these comparisons; however, variation in cancer registration practices across registries and countries can limit the interpretation of observed trends. Di Carlo and colleagues⁴ have highlighted the issue of incomplete pathological reporting of melanoma morphology; a high proportion (overall 43%) of melanomas were registered as morphology ‘not otherwise specified’. Although the benefits of pathological reporting of morphology in terms of patient management are debated (as treatment options do not differ between histological subtypes at a given stage at diagnosis),⁶ the benefit for population-based research and reporting cannot be disputed.

The work of the CONCORD consortium is a powerful example of synthesized evidence that can highlight differences and provide important insights; the breadth of international collaboration is commendable. The study by Di Carlo and colleagues⁴ will provide a baseline against which countries can monitor the progress of their melanoma control efforts.

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